



UNLEASH YOUR FULL POTENTIAL AND MAKE YOUR DREAMS BECOME A REALITY

**Effective, affordable and life-changing
coaching programmes, tailored to your
individual needs & aspirations**

Choose from a wide range of options:

- **One-on-one life coaching** to help you set inspiring goals, give your life more focus and move you in the direction you want to go. Try a FREE session now.
- **Coaching Interactive** - 24/7 online coaching that can be done at any time and in any place. Everyone is talking about this incredible method of coaching. Try a FREE session online now.
- **Me Unlimited** is an exciting range of 4 personal development programmes to prepare learners for life and work. Ideal for children from the age of 9, as well as higher education students, and those in career transition or seeking employment.
- **Executive and Corporate Coaching** Programmes for executives, managers, supervisors and junior staff that gets positive results. These are designed to create new insight, develop new knowledge and skills, and spur personal growth.

**To find out more
and transform your
life forever, get in
touch now!**



**T: 020 8292 5826 E: info@positive-horizons.co.uk
W: www.positive-horizons.co.uk**